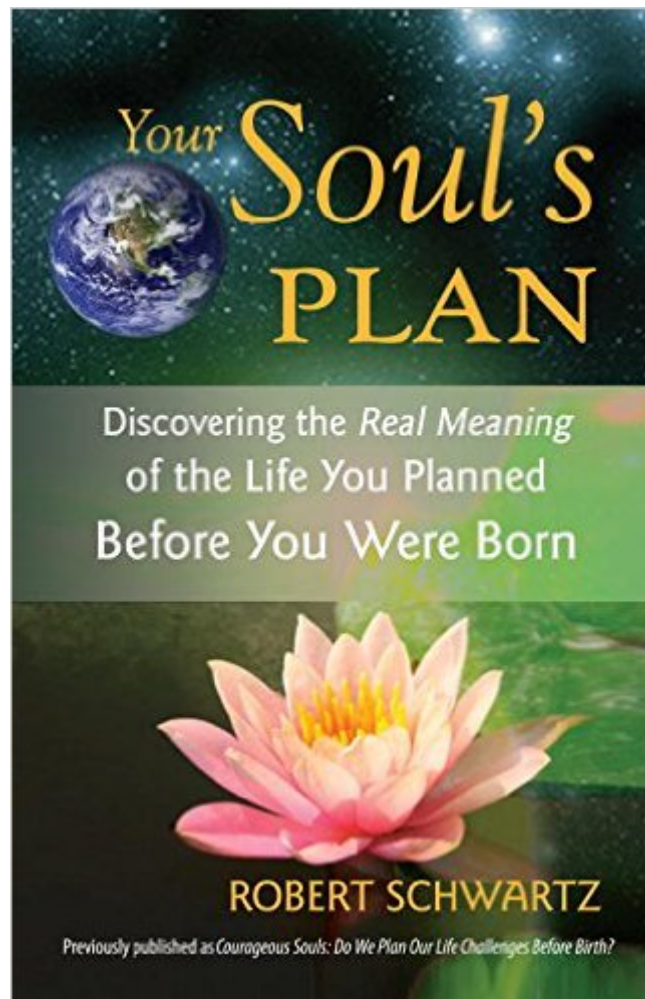


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# Your Soul's Plan: Discovering The Real Meaning Of The Life You Planned Before You Were Born



## Synopsis

Would you like to understand the deeper spiritual meaning of physical illness, parenting handicapped children, drug addiction, alcoholism, the death of a loved one, accidents, deafness, and blindness? *Your Soul's Plan* (which was originally published under the title *Courageous Souls: Do We Plan Our Life Challenges Before Birth?*) explores the premise that we are all eternal souls who plan our lives, including our greatest challenges, before we are born for the purpose of spiritual growth. Through compelling profiles of people who knowingly planned the experiences mentioned above, *Your Soul's Plan* shows that suffering is not purposeless, but rather imbued with deep meaning. Working with four gifted mediums, author Robert Schwartz reveals the significance of each person's life plan and allows us a fascinating look into the other side. Each personal story focuses on a specific life challenge, organized by type for easy reference. Accessible both to those familiar with the metaphysical aspects of spirituality and to the general reader, the moving narratives that comprise *Your Soul's Plan* help readers awaken to the reality that they are transcendent, eternal souls. With this stirring book as a guide, feelings of anger, resentment, guilt, and victimization are healed and transformed into acceptance, forgiveness, gratitude, and peace. Robert Schwartz is also the author of *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*, which explores the pre-birth planning of spiritual awakening, miscarriage, abortion, caregiving, abusive relationships, sexuality, incest, adoption, poverty, suicide, rape, and mental illness. There's also a chapter about the pre-birth planning we do with our future pets. Robert Schwartz is a hypnotherapist who offers general Spiritual Guidance Sessions, Past Life Soul Regressions, and Between Lives Soul Regressions. Visit Robert online at [www.yoursoulsplan.com](http://www.yoursoulsplan.com).

## Book Information

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## Customer Reviews

What can I say in description of a book that has had more healing impact in my life than any I have read in a lifetime of 62 years? As a lifetime professional counselor, I have read and studied many books focused on the prospect of healing, but Robert Schwartz's Your Soul's Plan brought the events of my life more into focus than any I have read. I say this, not only as a healer, but also as a Vietnam Veteran, ex-helicopter ambulance pilot with a lifetime of challenge to overcome my own legacy of suffering. Arranged in a series of case histories, tied together by the theme that there is an overarching life plan, planned pre-birth at a soul-level, we are made aware of how our own lives can fit the pattern he describes. With almost a hundred reviews here, I'll not go into repetition of the details so well described already. There are some things I would like to add. For those of a skeptical scientific or conventional religious bent, the gentle narrative approach of Schwartz's writing will help you explore ideas that may seem unfamiliar or threatening to you. The consistencies in his discoveries that support his theme are particularly interesting. In my line of work, we might say that - while this may not be "good science" at this point, his discoveries have clinical validity when explored at the level he follows. My own life experiences and observations allow me to be open to the validity of psychic investigation, when it is genuine. Schwartz seems to have put together a good team of psychics to pursue his study. Obviously, it is difficult to establish validation, except on a personal level - but each of us ultimately can only establish truth on a personal level. Consensus and belief about truth can only take us so far.

When I saw the great reviews for this book, I knew I had to read it. I, like most of you, have read several books about karma and reincarnation. I am pretty open minded, but I also try to look beneath the layers for truth. This book has a lot of layers. The stories all touch your heart, and I do not want to take away from the personal stories. If anything, they show how the human spirit can withstand even the hardest tragedies. However, this book makes it seem like life is a one-way road. Your life is carefully and strategically planned out for you. How easy. However, I feel (and this is just my belief, not fact) that this type of thinking takes responsibility and power away from people. If you are going to end up as an alcoholic no matter what, because it's your purpose, than why fight it? If your meant to be sick, than you always will be. This means nothing you could have done on earth

could have changed this, it is your soul's plight. What about spontaneous healings? So many people have been healed of all kinds of diseases, spontaneously, through healers, and through other methods. Does this mean they have deviated from their soul purpose? If all disease is meant to happen, than why do we have the power to heal it? I know so many people, including myself, with chronic illness who have done emotional work and been healed. So much of what happens in our lives are connected to emotions which were resisted and not dealt with as children. I think sometimes those emotions have rolled over from previous lives as well. However, I don't believe you have to LIVE OUT this huge tragedy to learn. I truly believe everyone has emotional healing they have to work on. Maybe it takes an illness to wake someone up to the fact.

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